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Adaptive History Biases Result from Confidence-weighted Accumulation of Past Choices

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1 **Adaptive History Biases Result from Confidence-weighted**

2 **Accumulation of Past Choices**

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8

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25

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27 A.B., A.E.U. and T.H.D. designed research; A.B. performed research, A.B. analyzed data, AEU re-
28 analyzed the data with separate code, A.B., A.E.U. and T.H.D. wrote the paper.

29

30 **Abstract**

31 Perceptual decision-making is biased by previous events, including the history of preceding choices:
32 Observers tend to repeat (or alternate) their judgments of the sensory environment more often than
33 expected by chance. Computational models postulate that these so-called choice history biases result
34 from the accumulation of internal decision signals across trials. Here, we provide psychophysical
35 evidence for such a mechanism and its adaptive utility. Male and female human observers performed
36 different variants of a challenging visual motion discrimination task near psychophysical threshold. In a
37 first experiment, we decoupled categorical perceptual choices and motor responses on a trial-by-trial
38 basis. Choice history bias was explained by previous perceptual choices, not motor responses,
39 highlighting the importance of internal decision signals in action-independent formats. In a second
40 experiment, observers performed the task in stimulus environments containing different levels of auto-
41 correlation and providing no external feedback about choice correctness. Despite performing under
42 overall high levels of uncertainty, observers adjusted both the strength and the sign of their choice
43 history biases to these environments. When stimulus sequences were dominated by either repetitions
44 or alternations, the individual degree of this adjustment of history bias was about as good a predictor
45 of individual performance as individual perceptual sensitivity. The history bias adjustment scaled with
46 two proxies for observers' confidence about their previous choices (accuracy and reaction time).
47 Taken together, our results are consistent with the idea that action-independent, confidence-
48 modulated decision variables are accumulated across choices in a flexible manner that depends on
49 decision-makers' model of their environment.

50

51 **Significance statement:**

52 Decisions based on sensory input are often influenced by the history of one's preceding choices,
53 manifesting as a bias to systematically repeat (or alternate) choices. We here provide support for the
54 idea that such choice history biases arise from the context-dependent accumulation of a quantity
55 referred to as the decision variable: the variable's sign dictates the choice and its magnitude the
56 confidence about choice correctness. We show that choices are accumulated in an action-
57 independent format and a context-dependent manner, weighted by the confidence about their
58 correctness. This confidence-weighted accumulation of choices enables decision-makers to flexibly
59 adjust their behavior to different sensory environments. The bias adjustment can be as important for
60 optimizing performance as one's sensitivity to the momentary sensory input.

61

62 **Introduction**

63 It has been known for almost a century that people's judgments of sensory stimuli do not only depend
64 on the current sensory input, but also on their preceding choices (Fernberger, 1920). Several studies
65 have found that humans and other species repeat (or alternate) their perceptual judgments more often
66 than expected by chance (Gold et al., 2008; Busse et al., 2011; de Lange et al., 2013; Akaiishi et al.,
67 2014; Fischer and Whitney, 2014; Fründ et al., 2014; Abrahamyan et al., 2016; Pape and Siegel,
68 2016; St. John-Saaltink et al., 2016; Fritsche et al., 2017; Hwang et al., 2017; Urai et al., 2017). Such
69 choice history biases occur also in other domains of decision-making (Leopold et al., 2002; Allefeld et
70 al., 2013; Padoa-Schioppa, 2013).

71 Computational models posit that choice history biases result from the temporal accumulation of
72 signals from past decisions (Yu and Cohen, 2009; Glaze et al., 2015; Bonaiuto et al., 2016). Such a
73 mechanism may serve to continuously update the decision-makers' prior belief about the upcoming
74 stimulus category and adjust their choice behavior to structured environments (Yu and Cohen, 2009;
75 Glaze et al., 2015). In laboratory perceptual tasks, stimulus sequences are typically uncorrelated by
76 design, so that across-trial accumulation degrades performance (Abrahamyan et al., 2016). By
77 contrast, when stimulus sequences exhibit auto-correlations (Goldfarb et al., 2012; Glaze et al., 2015;
78 Abrahamyan et al., 2016; Kim et al., 2017), history biases should improve performance, provided that
79 the accumulation is context-dependent. Specifically, the accumulation should switch sign between
80 environments dominated by either stability or change (Glaze et al., 2015).

81 Perceptual decisions often have to be made under uncertainty due to weak or ambiguous
82 evidence. This uncertainty (or its complement: confidence) might be important for controlling behavior
83 under conditions, in which the decision-maker receives no immediate external feedback. Indeed,
84 fluctuations of confidence play a key role in a normative model, which postulates the accumulation of
85 the internal decision variable over time (Glaze et al., 2015). The decision variable is the basis of both
86 the categorical choice (Bogacz et al., 2006; Gold and Shadlen, 2007) as well as the confidence about
87 its correctness (Kepecs et al., 2008). Correlates of the decision variable are distributed across many
88 brain regions (Gold and Shadlen, 2007; Siegel et al., 2011; Brody and Hanks, 2016) and expressed as
89 motor plans (Gold and Shadlen, 2007; Donner et al., 2009; de Lange et al., 2013) or in action-
90 independent formats (Bennur and Gold, 2011; Hebart et al., 2012; O'Connell et al., 2012; Hebart et al.,

91 2016). These decision-related neural signals also reflect the graded confidence about the choice
92 (Kiani and Shadlen, 2009; Hebart et al., 2016).

93 Our current study addressed three questions. First, do choice history biases originate from
94 signals in motor or action-independent formats? Second, can these signals be accumulated in a
95 sufficiently flexible manner, so as to adjust history biases to repetitive as well as alternating
96 environments? Third, is the strength of such bias adjustment scaled by confidence? We modeled
97 human choice behavior under experimental manipulations tailored to answering these questions.

98

99 **Materials and Methods**

100 **Participants**

101 We analyzed data from 28 participants and two experiments (referred to as Experiment 1 and 2) in
102 total. All participants gave their written informed consent.

103

104 *Experiment 1*

105 Six healthy participants (2 male and 4 female, mean age: 25; range: 22–29 years) took part in the
106 experiment, which was approved by the ethics committee of the Department of Psychology of the
107 University of Amsterdam (reference number 2011-OP-1588).

108

109 *Experiment 2*

110 26 healthy participants (11 male and 15 female, mean age: 26, range: 20 - 36) took part in the
111 experiment, which was approved by the local ethical review board (Ärztchamber Hamburg, reference
112 number PV4714). Four participants were excluded from the data analysis, so that 22 participants
113 remained for the data analysis. Three of the excluded participants did not complete all sessions and
114 one exhibited substantially worse performance than the rest of the group (64 percent correct overall,
115 63 percent correct for the easiest three motion coherence levels).

116

117

118 **Experimental design**

119 The data from both experiments allowed for quantifying choice history biases during a random dot
120 motion discrimination (up vs. down) task. We used large random dot motion patterns in both
121 experiments, so as to minimize stochastic fluctuations in the effective motion energy across trials (Urai

122 et al., 2017).

123

124 *Experiment 1*

125 The following description summarizes the aspects of the experimental design that were most
126 important to the current paper; a comprehensive description can be found in (Tsetsos et al., 2015).

127 Random dot kinematograms (Figure 1A) were composed of 785 (average) white dots on a black
128 screen. The dots were moving within a circular aperture of 9.1° radius. A red fixation cross of $0.4^\circ \times$
129 0.4° was centered in the middle of the circle. The dot density was 12.07 dots per deg^2 . The population
130 of dots was split into “signal dots” and “noise dots”. The signal dots moved either upwards or
131 downwards with a velocity of $2.6^\circ/\text{s}$. The noise dots changed position randomly from frame to frame.

132 The percentage of signal dots defined the motion coherence, a measure of motion strength. On each
133 trial, three different sequences of dot motion (at the same coherence and direction) were presented in
134 an interleaved fashion, making the effective speed of signal dots $0.87^\circ/\text{s}$. One of six different levels of
135 motion coherence, (0.05, 1.26, 3.15, 7.92, 19.91 and 50%) and one of six different viewing durations
136 (150, 300, 600, 1200, 2400, and 4800 ms) were chosen randomly, under the constraint that they
137 occurred equally often within a block of 144 trials. Stimuli were presented on a 22-inch CRT monitor
138 with a resolution of 800 x 600 pixel and a frame rate of 100 Hz at a viewing distance of 68 cm. The
139 participants were instructed to maintain their gaze on the red cross throughout the trial and judge the
140 net motion direction. The motion viewing interval was followed by a variable delay (uniform distribution
141 ranging from 200 to 400 ms), after which the observers had to report their choice by pressing one of
142 two buttons on a computer keyboard, with either the left or the right index finger. Participants received
143 auditory feedback after incorrect responses (a 1000 Hz tone of 100 ms). Perceptual choices (‘up’ vs.
144 ‘down’ motion direction) were decoupled from motor responses (left vs. right button press) by varying
145 their mapping from trial to trial. This mapping was instructed before motion viewing in one condition
146 (‘Pre’ condition) and after motion viewing in the other (‘Post’ condition), by means of a visual cue that
147 presented each direction (as an arrow) on the left or right side (i.e. two possible mappings). This
148 mapping cue was randomly selected on each trial. Conditions alternated across blocks. Observer 1-5
149 participated in both conditions. Observer 6 participated only in the Post condition. The analyses of
150 participants 1-5 presented here were collapsed across both conditions. We obtained the same pattern
151 of results when analyzing the data from both conditions separately (data not shown).

152

153 *Experiment 2*

154 To test for the adaptability of choice history biases, we manipulated the sequential stimulus statistics
 155 between experimental sessions, to make people perform the task in 'Repetitive', 'Neutral' (no
 156 sequential dependence), or 'Alternating' environments (Figure 1B). Stimuli, task, and procedure for
 157 Experiment 2 were identical to Experiment 1, with the following exceptions. The circle within which the
 158 dots were moving had an outer radius of 12° and an inner radius of 2°. The density of dots was 1.7
 159 dots/deg² and each dot had a diameter of 0.2°. The dots moved with a velocity of 11.5°/s. Signal dots
 160 had a maximum lifetime of 6 frames. We used the following coherence levels: 0, 5, 10, 20, 40 and
 161 60% (equally many trials per coherence level). A red bulls-eye fixation target at the center of the
 162 screen as well as randomly moving dots (0% coherence) were presented throughout each block. The
 163 first trial of each block started with a baseline interval of 5 s. A beep (duration: 50 ms, sine wave at
 164 440 Hz) indicated the onset of the evidence interval with variable coherence levels and directions (see
 165 above) after a fixed duration of 0.75 s. A second beep indicated the offset of the evidence interval and
 166 prompted the observers' response. Observers reported their perceptual choices by pressing one of
 167 two keyboard buttons, with the index finger of the left or right hand. After button press or a response
 168 deadline of 3 s, the inter-trial interval started. Inter-trial intervals were uniformly distributed between 1
 169 and 5 s. Observers received auditory feedback during the training sessions, but no feedback during
 170 the subsequent six sessions of the main experiment. The motion viewing duration of 0.75 s was
 171 selected because previous work in monkeys (Kiani et al., 2008) and humans (Tsetsos et al., 2015)
 172 found little integration of motion information beyond that duration. We used a fixed mapping between
 173 choices and motor responses, whereby the two possible mappings (right-hand button for up, left-hand
 174 for down, or vice versa) were counterbalanced across participants. Experiment 2 consisted of seven
 175 sessions per participant (one for training and six main sessions), whereby each session was divided
 176 into 10 blocks of 60 trials.

177 Critically, the transition probabilities between the two alternative stimulus categories (i.e. up vs.
 178 down regardless of coherence) over trials were manipulated across experimental sessions (Figure 1B,
 179 right). Specifically, the probability of a repetition was defined as

$$180 \quad P(\text{stimulus repetition}) = 1 - P(\text{stimulus alternation}) = P(\text{stimulus}_n = \text{up} \mid \text{stimulus}_{n-1} = \text{up}) =$$

$$181 \quad P(\text{stimulus}_n = \text{down} \mid \text{stimulus}_{n-1} = \text{down}), \quad \text{eq. 1}$$

182 whereby n indexes trials. The repetition probability was held constant within each session, but varied
 183 across the main experimental sessions between the following values: 0.5 in the 'Neutral' condition, 0.8

184 in the 'Repetitive' condition, and 0.2 in the 'Alternating' condition. The Neutral condition allowed for
 185 quantifying observers' intrinsic choice history bias, which we used as a baseline for quantifying their
 186 adjustment to the biased sequential statistics of the Repetitive and Alternating conditions.

187 During the training session, the motion direction on each trial was chosen randomly and
 188 independently. All participants started with the Neutral condition in session 1 of the main experiment,
 189 which was repeated in session 4. Half of the participants then performed the Repetitive condition in
 190 sessions 2 and 5 and the Alternating condition in sessions 3 and 6 and conversely for the other half of
 191 participants.

192 Observers were instructed to maintain stable fixation and perform the motion discrimination task
 193 as accurately as possible. They were informed that the sequential statistics of the stimulus identities
 194 would change from session to session, but stay constant within each session. To this end, we told
 195 them that the stimulus sequences could be 'as if produced by a coin flip' (Neutral), 'more likely
 196 repeating than alternating' (Repetitive), or 'more likely alternating than repeating' (Alternating).
 197 Observers were not informed about (i) the order of these conditions, (ii) the exact transition
 198 probabilities, (iii) the use of this information for optimizing their behavioral performance.

199

200 **Modeling choice history bias**

201 We used logistic regression to model observers' choice history biases under the different experimental
 202 conditions. The basic approach consisted of adding a linear combination of different components of
 203 trial history (which depended on the experiment), as a bias term to a logistic function model of the
 204 choice probability (Fründ et al., 2014; Urai et al., 2017). We here used a variant that quantified the
 205 relative contributions of previous stimuli, choices, and (for Experiment 1) motor responses.

206

207

208 *Basic choice model using psychometric function fit*

209 The probability of making one of the two choices $r_t = 1$ ($r_t = 1$ for 'choice up', $r_t = -1$ for 'choice
 210 down') on trial t , given the signed stimulus intensity \tilde{s}_t (i.e., motion coherence times stimulus category)
 211 (up or down, coded as 1 and -1) was described by:

$$212 \quad P(r_t = 1|\tilde{s}_t) = \gamma + (1 - \gamma - \lambda) g(\delta + \alpha\tilde{s}_t), \quad \text{eq. 2}$$

213 where γ and λ were the lapse rates for the choices $r_t = 1$ and $r_t = -1$, and $g(x) = \frac{1}{1+e^{-x}}$ was the
 214 logistic function. The bias term δ , the offset of the psychometric function, described the overall bias for

215 one specific choice. α was the slope of the stimulus-dependent part of the psychometric function,
216 quantifying perceptual sensitivity.

217 For visualizing the effect of previous on current choice (Figure 1D), we separated the trials from
218 Neutral into two subsets, conditioned on the choice from the previous trial, and fitted the psychometric
219 function separately to the observed proportion of upward choices in both subsets. Results from three
220 example observers are shown in Figure 1D and discussed in Results.

221

222 *Modeling the contributions of past stimuli, choices, and motor responses to current choice bias*

223 We estimated the contribution of the previous seven stimulus categories and choices by adding a
224 history-dependent bias term to the argument of the logistic function (Fründ et al., 2014):

$$225 \quad P(r_t = 1 | \tilde{s}_t, \mathbf{h}_t) = \gamma + (1 - \gamma - \lambda) g(\delta(\mathbf{h}_t) + \alpha \tilde{s}_t) \quad \text{eq. 3}$$

$$226 \quad \delta(\mathbf{h}_t) = \delta' + \delta_{\text{hist}}(\mathbf{h}_t) = \delta' + \sum_{k=1}^{14} \omega_k h_{kt} \quad \text{eq. 4}$$

227 The history bias $\delta_{\text{hist}}(\mathbf{h}_t) = \sum_{k=1}^{14} \omega_k h_{kt}$ consisted of the sum of the preceding seven responses r_{t-1} to
228 r_{t-7} and the preceding seven stimulus categories z_{t-1} to z_{t-7} , each multiplied with a weighting factor
229 ω_k . The vector \mathbf{h}_t was written as:

$$230 \quad \mathbf{h}_t = (r_{t-1}, r_{t-2}, r_{t-3}, r_{t-4}, r_{t-5}, r_{t-6}, r_{t-7}, z_{t-1}, z_{t-2}, z_{t-3}, z_{t-4}, z_{t-5}, z_{t-6}, z_{t-7}).$$

231 All terms in \mathbf{h}_t were coded as -1 or 1, with the exception of terms coding for stimuli with zero
232 coherence, which were set to zero. The weighting factors ω_k thus modeled the influence of each of the
233 seven preceding responses and stimulus categories on the current choice. Positive values of ω_k
234 indicated a bias to repeat the choice or stimulus category at the corresponding lag, and negative
235 values of ω_k indicated a tendency to alternate. In this and all subsequent analyses, the parameters of
236 the logistic regression model were fit by maximizing the log-likelihood $L = \sum_t \log P(r_t = 1 | \tilde{s}_t, \mathbf{h}_t)$ using
237 an expectation maximization algorithm (Fründ et al., 2014).

238 In Experiment 1, perceptual choices and motor responses were further decoupled through a
239 mapping that varied from trial to trial. Thus, we could independently estimate the relative contribution
240 of previous choices and motor responses to the current choice bias. We added the last seven choices
241 $c_{t-1}, c_{t-2}, c_{t-3}, c_{t-4}, c_{t-5}, c_{t-6}, c_{t-7}$, each one multiplied with a separate set of history weights ω'_k , to the
242 history bias term $\delta_{\text{hist}}(\mathbf{h}_t, \mathbf{c}_t)$.

$$243 \quad \delta(\mathbf{h}_t, \mathbf{c}_t) = \delta' + \delta_{\text{hist}}(\mathbf{h}_t, \mathbf{c}_t) = \delta' + \sum_{k=1}^{14} \omega_k h_{kt} + \sum_{k=1}^7 \omega'_k c_{kt} \quad \text{eq. 5}$$

244 Experiment 1 contained not only trial-to-trial variations in motion direction and coherence, but also in
245 the duration of the dot motion stimulus. To assess the effect of this manipulation, we first fitted the

246 psychometric functions separately for each of the six different motion-viewing durations (on the current
247 trial) and compared the resulting weights within each observer. The viewing duration had only
248 negligible impact on the history weights (data not shown), indicating that the history contributions were
249 invariant across viewing durations. Consequently, we fitted the psychometric functions to the data
250 from all trials, and analyzed the history weights, irrespective of viewing duration.

251 Experiment 1 also contained two conditions (Pre and Post), in which observers were instructed
252 about the required mapping between choice and response either before or after the presentation of
253 the sensory evidence. The analyses presented in Results collapsed across both conditions, but we
254 also verified that there were no differences between these conditions when analyzing them separately
255 (data not shown).

256

257 *Modeling the contributions of past correct (and incorrect) choices to current bias*

258 The weights for previous correct and incorrect choices were estimated by re-combining the weights for
259 previous stimuli and choices estimated by means of equations 3 and 4. Specifically, the weights for
260 correct choices were computed as the sum of choice and stimulus weights and the weights for
261 incorrect choices were computed as the difference between choice and stimulus weights (Fründ et al.,
262 2014). Please note that this is equivalent to fitting a regression model with predictors encoding correct
263 or incorrect choices, along with the chosen category (Busse et al, 2011; Abrahamyan et al, 2016).

264

265 *Modeling the contribution of past decision confidence to current bias*

266 We used a model of statistical decision confidence based on signal detection theory (Kepecs et al.
267 2008; Sanders et al. 2016; Urai et al. 2017) in order to define two behavioral proxies of confidence that
268 could be used in the present study. The model assumes that choices are made based on an internal
269 decision variable (dv), which is computed as a transformation of sensory input, corrupted by noise. A
270 choice is made by comparing dv to a criterion c . Confidence is a function of the distance between dv
271 and c . When dv is far from c , the choice is likely to be correct; the probability of the choice being
272 correct approaches chance as dv approaches c . Specifically, $confidence_i = f(|dv_i - c|)$ where
273 $f(x) = \frac{1}{2} \left[1 + \operatorname{erf} \left(\frac{x}{\sigma\sqrt{2}} \right) \right]$ is a monotonic sigmoid function that maps the distance metric x on the
274 probability of making a correct choice (Kepecs et al, 2008; Lak et al. 2014). The model predicts that
275 confidence (i) is larger on correct than on error trials, and (ii) scales oppositely as a function of
276 stimulus strength for correct and error trials. We used two behavioral proxies of the so-defined

277 confidence to investigate its impact on the adjustment of choice history biases: (i) Choice accuracy,
 278 with correct choices being associated with larger confidence than incorrect choices for all levels of
 279 evidence strength in the model described above; and (ii) reaction times (RT), which has been found to
 280 reflect decision confidence as defined above in empirical work (Sanders et al., 2016; Urai et al., 2017).

281 When assessing the confidence-dependence of the bias adjustment (i.e. changes in history
 282 weights), we restricted the model to the immediately preceding trial (lag 1), at which the bias
 283 adjustment was expected to be strongest, but we now estimated the weights separately for each of the
 284 different levels of previous motion coherence. This enabled us to control for the trial-to-trial variations
 285 of stimulus strength, thus isolating the impact of internal trial-to-trial fluctuations of confidence.

286 In our analysis of the impact of choice accuracy, separate predictors coded for the choice or
 287 stimulus categories for each level of (non-zero) previous motion coherence. Because choice accuracy
 288 was undefined at 0% coherence, we estimated a single choice weight for previous trials where no
 289 decision-relevant sensory evidence was presented. Specifically, we included six regressors in the
 290 model that each coded for the previous choice at a given coherence level (zero elsewhere) and we
 291 included five regressors that each coded for the previous stimulus category at a given non-zero
 292 coherence level (zero elsewhere). To assess the impact of choice accuracy, the stimulus and choice
 293 weights were transformed into weights for correct and incorrect choices by re-combining the stimulus
 294 and choice weights as described in the section *Modeling the contributions of past correct (and*
 295 *incorrect) choices to current bias* above.

296 To assess the effect of RTs, we first normalized RT to make it scale positively with confidence,
 297 because of its negative scaling with decision confidence (the shortest RTs correspond to the most
 298 confident trials (Sanders et al., 2016; Urai et al., 2017): For each observer and condition, we
 299 transformed single-trial RTs as follows:

$$300 \quad RT_{conf} = z(\max(\log(RT)) - \log(RT)) \quad \text{eq. 6}$$

301 where z denoted z-scoring per individual and condition. This transformation was only applied to
 302 simplify the interpretation of the corresponding history terms in terms of confidence-weighting. Without
 303 this transformation, the resulting weights were qualitatively identical but sign-flipped, thus reflecting the
 304 complement to confidence, decision uncertainty (data not shown).

305 We added a modulation by the above-defined RT_{conf} variable to the logistic regression model,
 306 as introduced in (Urai et al., 2017). To this end, we added a term describing the interaction between
 307 choice and stimulus category at lag 1 with the previous trial's RT_{conf} separately for each previous

308 coherence level: $\sum_{k=1}^{11} \omega'_k h_t RTconf_{kt}$. Specifically, the interaction terms in this model were six
 309 regressors for previous choice multiplied by previous $RTconf$ (one for each coherence level) and five
 310 regressors for previous stimulus category multiplied by previous $RTconf$ (one for each non-zero
 311 coherence level), and a nuisance covariate $\sum_{k=1}^6 \omega''_k RTconf_{kt}$ for the main effect of $RTconf$. The full
 312 bias term in this model was as follows:

$$\delta(\mathbf{h}_t, RTconf_t) = \delta' + \delta_{\text{hist}}(\mathbf{h}_t, RTconf_t) = \delta' + \sum_{k=1}^{11} \omega_k h_{kt} + \omega'_k h_{kt} RTconf_{kt} + \sum_{k=1}^6 \omega''_k RTconf_{kt}$$

eq. 7

316 *Modeling history contributions in synthetic, non-adjusting observers*

317 We performed two sets of simulations to ensure that the context-dependent shifts in the history
 318 weights exhibited by participants in Experiment 2 were not just passively 'inherited from' the correlated
 319 stimulus sequences in the Repetitive and Alternating conditions. The rationale of these simulations
 320 was to fit the behavior of synthetic observers. These were matched to the behavior of each of our
 321 participants in all parameters, except for the history weights displayed in the biased conditions.

322 In the first set of simulations, we constructed observers, who based their decisions only on the
 323 current stimulus. For each participant, we estimated the parameters of the psychometric function
 324 described by eqs. 3 and 4 from the data of the respective biased conditions. This 'memory-less
 325 observer model' was the set of fitted parameters, but with history bias $\delta_{\text{hist}}(\mathbf{h}_t)$ set to zero; it allowed
 326 us to compute the probability of making an 'up'-choice ($r_t = 1$) for any given stimulus intensity in the
 327 absence of any influence of past events. To simulate the model's performance in the two biased
 328 experimental conditions (Alternating and Repetitive), we used the original sequences of stimuli (motion
 329 coherences times directions) seen by each observer in these two conditions, and computed the choice
 330 probability for each trial by putting the model parameters and stimulus categories in eq.2. Based on
 331 these choice probabilities, we then drew the choices on each trial by a weighted coin-flip, resulting in a
 332 sequence of choices generated by the model. We then fitted this choice and stimulus sequence, again
 333 using the model specified in eqs. 3 and 4 allowing us to estimate the synthetic observers' stimulus and
 334 choice weights. The resulting values served as a reference for the history biases expected as a result
 335 of discriminating a biased sequence of stimuli without memory.

336 The second set of simulations was as the first set of simulations, with the exception that the
 337 synthetic observers had the same (non-zero) history weights estimated for the real participants in the
 338 Neutral condition, but did not adjust these biases to the biased environments. Again, this enabled us

339 to simulate choice patterns of the synthetic observers exposed to the stimulus sequences used in our
340 actual experiment, and to use these choice patterns to estimate the simulated observers' choice and
341 stimulus weights, as described for the first set.

342 In both sets of simulations, we presented the same stimulus sequence 50 times, to average out
343 the effect of binomial noise that was needed to generate choices from the logistic function. This
344 yielded more precise estimates of the model parameters than was possible in the human observers.

345

346 **Statistical tests**

347 We used parametric 2-tailed t-tests for all statistical comparisons of regression weights reported in this
348 paper. The rationale was that we could then also provide Bayes factors (Bf), in order to quantify the
349 posterior belief in the null hypothesis given the evidence (Rouder et al., 2009). $Bf_{10} < 1/3$ indicates
350 evidence in favor of the null hypothesis, $Bf_{10} > 3$ indicates evidence for the alternative hypothesis, and
351 $Bf_{10} = 1$ indicates inconclusive evidence. When performing multiple t-tests of regression weights (e.g.,
352 across seven lags or coherence levels), false discovery rate correction (Benjamini and Hochberg,
353 1995) was applied to correct for multiple comparisons.

354 When testing correlation coefficients computed for individual participants (the so-called 'adaptivity
355 indices' defined in Results) against zero, we first Fisher z-transformed the Pearson correlation
356 coefficients and then submitted them to simple t-tests. We used the parametric 2-tailed Steiger's test
357 (Steiger, 1980) for comparing across-subjects correlations between individual adaptivity indices
358 (correlation coefficients) and their proportion of correct choices with the corresponding correlations
359 between individual perceptual sensitivity and the proportion correct choices.

360 Finally, we used circular statistics, specifically Rayleigh's test, to assess the clustering of
361 orientations of the lines connecting the weights from Neutral with those from either Repetitive or
362 Alternating conditions, respectively. A Hotelling test (van den Brink et al., 2014) was used to assess
363 the difference in mean directions of adjustment between these two conditions.

364 The results from all the all regression weights and individual adaptivity indices (correlation
365 coefficients) in Experiment 2 were analogous when replacing the parametric tests with non-parametric
366 permutation tests (Efron and Tibshirani, 1998) with $N = 10.000$ permutations.

367

368 **Results**

369 We here report results from two experiments (referred to as Experiment 1 and 2) quantifying choice

370 history biases during the random dot motion discrimination task that is widely used in
371 neurophysiological studies of perceptual decision-making (Gold and Shadlen, 2007; Siegel et al.,
372 2011; Kelly and O'Connell, 2015). The two experiments aimed to manipulate different aspects of
373 choice behavior. Analyses of behavior from Experiment 1 were previously published (Tsetsos et al.,
374 2015), but those analyses did not assess sequential effects. Here, we re-analyzed these data to
375 quantify the dependence of choice on previous stimuli, choices, and motor responses.

376 Figure 1C and D illustrates behavioral patterns generated by choice history biases in example
377 observers from the Neutral condition of Experiment 2 (i.e. no correlations among successive stimuli).
378 Figure 1C shows, for one observer, a 'streak' of eight repeats of the same choice, followed by five
379 repeats of the other choice. These streaks occur in the face of trial-to-trial variations of the direction of
380 the random stimuli. Critically, such apparent biases towards one or the other choice emerge only
381 locally in time. Choice history biases are therefore distinct from the 'global' biases towards one
382 particular choice that result from uneven probabilities of the two stimulus categories or uneven payoffs
383 for the two options (Bogacz et al., 2006; Mulder et al., 2012; de Lange et al., 2013). One way to isolate
384 choice history biases is to fit, for each observer, two separate psychometric functions (relating signed
385 stimulus strength to choice probability), each conditioned on the choice the observer made on the
386 previous trial. Choice history biases are then evident as horizontal shifts between these two functions.
387 Figure 1D displays the resulting functions of three example observers (Neutral condition from
388 Experiment 2) with an intrinsic bias to repeat (left panel, same observer as in Figure 1C) or to
389 alternate choices (right), or no bias (middle). A more comprehensive approach is to explicitly model
390 the relative contribution of previous choices, or other experimental variables from previous trials, to
391 current choice bias (Busse et al., 2011; Fründ et al., 2014) (see Materials and Methods, section
392 *Modeling choice history bias*). We used this statistical modeling approach throughout this paper.

393 Our analyses pursued two main objectives. First, we aimed to disentangle and compare the
394 contribution of decisional and motor processing stages to the history biases. Second, we aimed to
395 quantify the adjustment of choice history biases to the environment, as a function of varying levels of
396 decision confidence, in the absence of external feedback.

397

398 **Experiment 1: Disentangling the impact of previous stimuli, choices, and motor responses**

399 In laboratory tasks, perceptual choice and motor response used for reporting the choice are typically
400 coupled, but can be decoupled with little effect on performance on the current trial (Tsetsos et al.,

401 2015). While there is evidence for either decisional or motor origin of history biases (Akaishi et al.,
402 2014; Pape and Siegel, 2016; St. John-Saaltink et al., 2016), their relative contributions have not yet
403 been systematically compared across several trials in the past. To do so, we reanalyzed data from a
404 previously published study (Tsetsos et al., 2015), in which observers performed a random dot motion
405 task under trial-to-trial variations in the mapping between choice and motor response. The direction of
406 motion was chosen randomly and independently on each trial, so that maximizing performance
407 required basing choices solely on the current stimulus and not on its history (i.e., previous stimuli,
408 choices, or motor responses).

409 Observers showed a significant tendency to repeat their previous choices (indicated by positive
410 choice weights), but not their motor responses (Figure 2A). The effect of the previous choice on
411 current choice was positive and stronger than the effect of the previous motor response (Figure 2A).
412 The response weights did not differ significantly from zero for any lag ($Bf_{10} < 0.45$ for all lags).
413 Preceding stimulus categories (up/down) exhibited negative, albeit not statistically significant, weights
414 at longer lags (Figure 2B), possibly reflecting the impact of long-lasting, repulsive effects of direction-
415 selective sensory adaptation mechanisms (Kohn, 2007) on choice behavior.

416 These results indicate that the commonly observed choice repetition biases are specifically due to
417 previous choices and not the motor responses used to the report them, which has implications for their
418 neural bases (see Discussion). We next investigated the adjustment of choice history biases (under
419 fixed mapping) to varying environmental statistics in order to gain deeper insights into their functional
420 origin and adaptive utility.

421

422 **Experiment 2: Confidence-dependent adjustment of choice history biases to the environment**

423 In laboratory tasks used to study perceptual choice, it is common to generate random sequences of
424 the two alternative stimulus categories. But the states of natural environments, and hence the sensory
425 signals generated by them, often exhibit significant auto-correlations across time, so that it might be
426 beneficial for decision-makers to adjust their choice history biases to this correlation structure (Yu and
427 Cohen, 2009). In Experiment 2, we tested for such adjustments, by systematically manipulating the
428 repetition probabilities between the two possible motion directions across three conditions blocked by
429 experimental session: Repetitive, Alternating, and Neutral (two sessions per condition; see Figure 1B
430 and Materials and Methods). Importantly, observers received no external feedback about the

431 correctness of their choices. This enabled us to study the impact of their decision confidence on the
432 adjustment of their choice history biases to environmental statistics.

433

434 *Adjustment of choice history biases to environmental statistics*

435 The manipulation of the environmental statistics had robust effects on observers' history biases. We
436 visualized those in two complementary ways focusing on different aspects of the data. Both our
437 approaches were guided by the statistical structure of the Repetitive and Alternating conditions, which
438 yielded characteristic profiles of the probability of stimulus repetitions as a function of lag: For both
439 Repetitive and Alternating conditions, repetition probability was most strongly biased (i.e., different
440 from 0.5) at lag 1, and progressively approaching 0.5 for larger lags (Figure 3A). Thus, the strongest
441 effects were expected for events from the preceding trial (i.e., lag 1).

442 Our first approach, therefore, focused on the weights for lag 1. When plotting the choice weights
443 against stimulus weights, data points located in the upper-right triangular part indicated a tendency to
444 repeat the previous choice or stimulus categories (up/down), whereas data points in the lower-left
445 triangular part indicated a tendency to alternate (Figure 3B, dashed diagonal line). If observers
446 adjusted their choice patterns to the Repetitive and Alternating environments, their history weights
447 should have shifted in the corresponding directions. This is what we observed (Figure 3B; compare
448 dots of different colors). The weights were close to zero in the Neutral condition (group average, red
449 'x'); weights shifted towards repetition in the Repetitive condition (group average, green arrow in
450 Figure 3B), and alternation in the Alternating condition (group average, blue arrow in Figure 3B),
451 respectively. The vector angles of the shift from Neutral were significantly different from uniform ($z =$
452 7.69 , $p = 0.0003$ in Repetitive and $z = 8.64$, $p < 0.0001$ in the Alternating condition, Rayleigh's test),
453 and the shift angles were significantly different between Repetitive and Alternating ($F(2, 20) = 60.28$, p
454 < 0.0001 , Hotelling test). The adjustment of choice history bias was also evident when fitting the
455 psychometric function conditioned on the previous choice (as in Figure 1D). Both conditions were
456 characterized by a history-dependent shift, in opposite directions (Figure 3C; difference in shift
457 between Repetitive and Alternating: $t(21) = 3.21$, $p = 0.0042$). By contrast, previous choice had no
458 effect on the slope of the psychometric function (difference in history-dependent change in the slope
459 between Repetitive and Alternating: $t(21) = -0.60$, $p = 0.5532$, $Bf_{10} = 0.2627$).

460 It is noteworthy that the direction of the shift of history weights between the different
461 environmental statistics was largely along the positive diagonal (Figure 3B) that corresponds to equal

462 weights for previous stimuli and choices. Thus, the bias adjustment was largely driven by correct
463 choices (where previous choices and stimuli were identical). We thus used the weight of previous
464 correct choices (i.e., the sum of choice and stimulus weights, see Materials and Methods) in all
465 subsequent analyses as a single metric of the bias adjustment. The importance of previous correct
466 choice for the bias adjustment was indicative of the role of decision confidence, an aspect that we
467 elaborate on in the section *Modulation of choice history bias adjustment by decision confidence* below.

468 Our second approach focused on an assessment of the full time courses of the history weights.
469 The temporal profiles of the stimulus repetition probabilities in the two biased conditions exhibited
470 markedly different patterns: In the Repetitive condition the temporal profile exhibited a monotonic
471 decay towards 0.5, whereas it exhibited a damped oscillation around 0.5 in the Alternating condition
472 (Figure 3A). The correlation between both time courses for Repetitive and Alternating conditions was
473 negative. In what follows, we refer to these time courses as ‘history templates’, to indicate that these
474 characterize the statistical structure of the environment.

475 Indeed, participants’ history weights exhibited profiles that were similar to those of the history
476 templates (Figure 3D, compare with Figure 3A). We use the term ‘history kernel’ to refer to the
477 individual courses of the weights for correct choices as a function of lag. We quantified their similarity
478 with the corresponding history templates by means of temporal correlation (Figure 3E). These
479 correlations were significant in both conditions (Repetitive: $t(21) = 2.57$, $p = 0.0179$, Alternating: $t(21) =$
480 4.83 , $p < 0.0001$). Thus, participants adjusted their history biases to the statistical structure of their
481 environments with a time course matched to the full environmental statistics. In what follows, we refer
482 to this similarity metric as ‘adaptivity index’.

483 One concern might be that even an observer who only discriminates the current sensory
484 evidence, without any active accumulation of past experimental events, might exhibit similar shifts in
485 the history weights between the Alternating and Repetitive conditions, by virtue of the stimulus
486 statistics propagating into the history weights without any active adjustment of the observer. To
487 address this concern, we simulated the performance of two types of synthetic observers, which were
488 constructed individually for each of our participants. These had the same perceptual sensitivity as
489 each participant, but without any adjustment of stimulus and choice weights to the different
490 environmental conditions (see Materials and Methods). The first set of synthetic observers had
491 stimulus and choice weights of zero. The second set of synthetic observers had the same history
492 biases (i.e., non-zero choice and stimulus weights) as our participants in the Neutral condition, but did

493 not adjust these to the changing environmental statistics. The choice and stimulus weights obtained
494 for both these models were not significantly different from zero (Figure 4A and B) (all p-values > 0.567
495 and Bf_{10} ranging from 0.22 to 0.62).

496 These simulation results indicate that the effect of the correlations between stimuli on choice
497 patterns was reliably soaked up by the stimulus-dependent part of our statistical model (i.e. the slope
498 of the psychometric function). In other words, the systematic deviations of the history weights between
499 Repetitive and Alternating conditions evident in the real observers were not just passively ‘inherited
500 from’ the correlations evident in the stimulus sequences, but rather due to an active adjustment of their
501 biases.

502

503

504

505 *History bias adjustment predicts performance in biased environments*

506 While the bias adjustment was highly consistent across participants, individuals differed in the extent
507 to which they shifted their history biases between conditions (i.e., the magnitude of their adaptivity
508 indices, Figure 3E). We correlated the individual adaptivity indices with the proportion of correct
509 choices to assess their predictive value for overall task performance (Figure 5A). The more strongly
510 observers adjusted, the more successful they were in both, the Repetitive (Figure 5A, left panel) and
511 Alternating (middle) condition. We found no evidence for such an effect in the Neutral condition
512 (Figure 5A, right, $Bf_{10} = 0.4276$). As expected, perceptual sensitivity (i.e., the slope of the
513 psychometric function) was also strongly predictive of individual performance in all three conditions
514 (Figure 5B). In both biased environments the adaptivity index was similarly predictive of performance
515 as perceptual sensitivity (Repetitive: Steiger’s test $z = 0.28$, $p = 0.7791$; Alternating: $z = 0.4$, $p =$
516 0.6893), while sensitivity was a better predictor in the Neutral environment ($z = 2.70$, $p = 0.0068$). In
517 other words, the adjustment to the environmental statistic can be about as important for maximizing
518 reward rate as sensitivity to the momentary sensory evidence.

519 Taken together, our results reported so far supported the idea that participants accumulated
520 internal signals from their previous correct decisions into biases for their current choice – a process
521 that adjusted their behavior to the statistics of their environment and improved performance. Some
522 previous accounts of sequential effects have postulated the accumulation of external variables, such
523 as stimulus repetitions (Yu and Cohen, 2009; Meyniel et al., 2016), performance feedback

524 (Abrahamyan et al., 2016), or reward (Sugrue, 2004). Our experimental conditions precluded any of
525 the above: Observers performed under generally high uncertainty about the veridical stimulus
526 identities, and they did not receive external feedback about choice outcomes. We reasoned that,
527 under these conditions, observers may have accumulated the internal decision variables, on which
528 they based their choices in a context-dependent manner (i.e., with opposite sign for Repetitive and
529 Alternating environments). This interpretation is in line with a normative model of sequential effects
530 (Glaze et al, 2015). In statistical decision theory, as well as in neural signals observed in the brain, the
531 decision variable not only encodes the categorical choice, but also the graded confidence about that
532 choice (Kepecs et al., 2008; Kiani and Shadlen, 2009; Hebart et al., 2016). Consequently, we
533 reasoned that the impact of previous choices on current bias should depend on the confidence
534 associated with the previous choices. Our final set of analyses tested this hypothesis.

535 *Modulation of choice history bias adjustment by confidence*

536 We here use the term 'decision confidence' in a statistical sense, to refer to the posterior probability
537 that a choice is correct, given the evidence (Kepecs et al., 2008; Pouget et al., 2016; Sanders et al.,
538 2016; Urai et al., 2017). The key features of a model formalizing this construct are reproduced in
539 Figure 6A (Kepecs et al., 2008; Sanders et al., 2016; Urai et al., 2017; see Methods). This definition of
540 confidence is agnostic about the link to the subjective sense of confidence, or the ability to report this
541 sense of confidence (but see Sanders et al, 2016).

542 We used two experimental variables consistent with this definition of confidence: accuracy and
543 RT. Correct choices are overall associated with higher confidence for all non-zero evidence strengths
544 (i.e., coherence levels, Figure 6A, top). The scaling of RT with motion coherence exhibited the same
545 characteristic signature as uncertainty (i.e., the complement of confidence) as reported in previous
546 studies (Sanders et al., 2016; Urai et al., 2017): RT decreased with coherence for correct choices, but
547 increased for incorrect choices (Figure 6D, compare to Figure 6A). Linear regression revealed an
548 opposite-signed relationship between motion coherence and RT, separately for correct ($\beta = -0.150$,
549 s.e.m. = 0.027, $p = 0.005$) and error trials ($\beta = 0.628$, s.e.m. = 0.025, $p = 0.025$).

550 As predicted, the leverage of the preceding choice on bias adjustment (i.e., difference between
551 Repetitive and Alternating) was larger when the previous choice was correct than incorrect, even
552 when controlling for the level of previous motion coherence (Figure 6B, C). There was a significant
553 effect of previous correct choice at all of the previous coherence levels, while there was no such effect

554 for previous incorrect choices at any of the previous coherence levels (Figure 6B; Bf_{10} : 0.23, 0.69,
555 0.23, 0.34, and 0.28 for previous coherence levels: 0.05, 0.1, 0.2, 0.4, and 0.6, respectively).

556 When pooled across previous coherence levels, the weights for previous correct choices deviated
557 significantly from zero in both conditions (Figure 6C; Repetitive: $t(21) = 2.58$, $p = 0.0174$; Alternating:
558 $t(21) = -4.42$, $p = 0.0002$). Again there was no such effect for previous errors (Figure 6C; Repetitive:
559 $t(21) = -0.13$, $p = 0.8985$, $Bf_{10} = 0.22$; Alternating: $t(21) = 0.35$, $p = 0.7309$, $Bf_{10} = 0.24$). The weights
560 were significantly larger for correct than incorrect previous choices in Repetitive ($t(21) = 3.06$, $p =$
561 0.0060 , and the other way around in the Alternating ($t(21) = -5.19$, $p < 0.0001$ Figure 6C). Please note
562 that while the weights were averaged across previous coherence levels for visualization in Figure 6C,
563 they were first estimated separately for each previous coherence in order to factor out effects of trial-
564 to-trial fluctuations in sensory evidence strength (see Materials and Methods). These results were
565 qualitatively identical after random subsampling of the correct trials, so as to match the smaller
566 number of incorrect trials for each previous coherence level (data not shown), ruling out the concern
567 that the stronger bias adjustment after correct choices may have been due to the larger number of
568 correct than error trials. In sum, these results were consistent with the idea that the weight of choices
569 in the across-trial accumulation process depended on internal (i.e., stimulus-independent) fluctuations
570 in decision confidence.

571 To assess the modulatory effect of the second confidence proxy, RT, on the bias adjustment, we
572 built on an extension of the statistical model by multiplicative interaction terms. This quantified the
573 degree to which the impact of previous correct choices on current bias was modulated by previous RT
574 (see Materials and Methods for details). In these model fits, we transformed RT to scale positively with
575 decision confidence, a variable we refer to as RT_{conf} (Materials and Methods). Again, we split trials
576 by their motion coherence to assess the modulatory effect of RT_{conf} on the impact of correct choices
577 (i.e. the weights for the interaction term $RT_{conf} \times correct$), over and above variations in evidence
578 strength.

579 Larger values of RT_{conf} were associated with a stronger impact of the previous (correct) choice
580 on the current bias (Figure 6E, F), an effect that was robust even when we evaluated each previous
581 coherence level separately (Figure 6E). When pooled across previous coherence levels, the
582 interaction weight was significantly larger than zero in the Repetitive condition (Figure 6F; $t(21) = 3.84$,
583 $p = 0.0009$), indicating a confidence-dependent enhancement of the tendency to repeat correct
584 choices in that condition. Conversely, the interaction weight was significantly smaller than zero in the

585 Alternating condition (Figure 6F; $t(21) = -3.71$, $p = 0.0013$), indicating a confidence-dependent
586 enhancement of the tendency to alternate correct choices. Thus, even within the correct choices,
587 evidence-independent fluctuations in the associated confidence (indexed by RT_{conf}) boosted their
588 impact on future choice bias.

589 Taken together, two independent proxies of decision confidence, choice accuracy and reaction
590 time, both supported the conclusion that decision confidence boosted the adjustment of choice history
591 biases to the structure of the environment.

592

593

594

595 Discussion

596 Choice history biases are a pervasive phenomenon in perceptual decision-making (Fernberger, 1920;
597 Fründ et al., 2014). Here, we showed that these biases were largely dominated by categorical choices
598 rather than motor responses and could be flexibly adjusted to environmental statistics even in the
599 absence of feedback about choice outcome. In line with recent normative accounts, the strength of
600 this adjustment was modulated by previous decision confidence. In environments with strong
601 sequential structure it governed individual performance to a similar extent as perceptual sensitivity.
602 Taken together, our results yield new insights into the functional origins and adaptive utility of choice
603 history biases, with direct implications for their neural bases.

604 An important novel contribution of our study is the discovery of a confidence-weighted adjustment
605 of choice history biases to changing environments. We propose that this was due to a context-
606 dependent accumulation of decision variables across trials. A similar accumulation process has been
607 proposed to explain sequential effects under strong and unambiguous evidence (Yu and Cohen, 2009;
608 Meyniel et al., 2016). Consequently, those latter models describe the accumulation of external
609 observables rather than internal decision variables. The latter are often dissociated from external
610 observables when the decision-maker is uncertain about the environmental state due to degraded
611 evidence. While temporal accumulation is a widely established mechanism in perceptual choice
612 (Bogacz et al., 2006; Gold and Shadlen, 2007; Ratcliff and McKoon, 2008; Wang, 2008; Ossmy et al.,
613 2013), previous models focus on the within-trial accumulation of the momentary sensory evidence.
614 Across-trial accumulation of information is long established in the theory of reinforcement learning, but
615 there it pertains to the accumulation of rewards (i.e., external signals about choice outcome) and

616 spans substantially longer timescales than sensory evidence accumulation (Sutton and Barto, 1998;
617 Sugrue, 2004; Glimcher, 2011). Our current results are indicative of an accumulation mechanism that
618 operates (i) with a timescale situated in between those established for sensory evidence accumulation
619 and action value learning, and (ii) on internal decision variables, which themselves result from the
620 faster (within-trial) accumulation of sensory evidence.

621 Such a context-dependent across-trial accumulation of decision variables has been postulated by
622 a recent normative account (Glaze et al., 2015), and shown to account for history biases in simple
623 saccadic choice (Kim et al., 2017). Little is currently known about the neural basis of this process. Our
624 current work sets the stage for probing into its neural basis, by experimentally establishing key
625 behavioral hallmarks of this accumulation process within the most widely used task in the
626 neurophysiology of perceptual decision-making (Gold and Shadlen, 2007; Siegel et al., 2011; Kelly
627 and O'Connell, 2015). It will now be important to explore the underlying mechanisms through direct
628 recordings of neural activity under conditions as used here.

629 One recent study provided similar evidence for an effective adjustment of human observers to
630 changing environmental statistics (Abrahamyan et al., 2016). Our current results and those from
631 Abrahamyan et al (2016) complement each other in quantifying the adaptability of human choice
632 history biases. In Abrahamyan et al. the nature of the change in the environment was different from
633 the one we have used here: In their study, observers received unambiguous feedback about the
634 outcome of each choice, and the manipulation of the stimulus sequence depended on the participants'
635 success or failure. Consequently, the process adjusting history biases likely depended on the
636 combination of choices and their outcome. By contrast, in our study, the environments differed in their
637 statistical structure independent of observers' choices. Furthermore, participants remained uncertain
638 about their choice outcomes, and therefore could only base their history biases on internal signals.
639 This was likely the key aspect that mediated the confidence-weighting of the impact of previous
640 choices on current bias in our present study. Thus, the adjustment effects in our study and the one
641 from Abrahamyan and colleagues (2016) likely resulted from distinct computational mechanisms.

642 The interpretation provided above as well as the normative framework by Glaze et al (2015) offer
643 a natural interpretation of the modulatory effect of decision confidence on the adjustment of choice
644 behavior. In statistical decision theory, as well as in neural signals observed in the brain, the decision
645 variable does not only encode the categorical choice, but also the graded confidence about that
646 choice (Kepecs et al., 2008; Kiani and Shadlen, 2009; Hebart et al., 2016). This quantity is the best

647 proxy for the true state of the environment available to the decision-maker in the absence of external
648 feedback. A decision variable large in magnitude implies large confidence and predicts accurate as
649 well as fast decisions (Sanders et al., 2016). Thus, across-trial accumulation of decision variables into
650 choice history bias predicts that correct or fast choices have a stronger impact on the history bias
651 adjustment to environmental statistics – just as we observed in our second experiment. The same idea
652 can account for the observation (Urai et al., 2017) that ‘intrinsic’ history biases emerging under
653 random stimulus sequences, regardless of their direction (i.e., towards alternation or repetition), are
654 weaker following low-confidence decisions (i.e., long reaction times). In such contexts, corresponding
655 to the Neutral condition in our Experiment 2, observers’ biases might result from biased internal
656 representations of the environmental structure (i.e., biased ‘subjective hazard rates’ in the model by
657 Glaze et al, 2015)). Taken together, confidence-weighting of the impact of previous choices on current
658 bias may be a diagnostic feature of the accumulation of graded decision variables across trials that we
659 propose as a mechanism underlying the history bias adjustment in our experiment.

660 In our account the strength of history bias adjustment depends on the magnitude of the decision
661 variable, which is also the sole source of variations in confidence in the confidence model from Figure
662 6A (Kepecs et al, 2008). According to this model the difference in confidence between correct and
663 error trials increases as a function of stimulus strength. Thus, one would expect the impact of
664 correctness on bias adjustment to also increase as a function of stimulus strength. Such an increase
665 was not evident in our data (Figure 6B). A possible explanation is that choice accuracy was less
666 closely coupled to the decision variable than postulated by the confidence model from Figure 6A. For
667 example, some errors will be caused by noise downstream from the decision variable and
668 consequently not affect the bias adjustment. Thus, motor errors will counteract the dependence of
669 history bias adjustment on correctness. Because misperception of the true stimulus category becomes
670 less likely with stronger evidence, the relative contribution of motor errors to incorrect choices will
671 increase as a function of evidence strength. This might explain why the effect of previous correctness
672 on history bias adjustment did not increase as a function of previous evidence strength in our data.
673 Similar considerations hold for our second confidence proxy, reaction time.

674 Our analyses revealed that the contributions of previous stimuli, perceptual choices, and motor
675 responses were dissociable in terms of their strength, sign, and time course. Importantly, the dominant
676 and consistent bias in standard conditions with random stimulus sequences, was to repeat preceding
677 choices, rather than motor responses. Two recent studies similarly decoupled perceptual choice and

678 motor response (Akaishi et al., 2014; Pape and Siegel, 2016). One of them (Pape and Siegel, 2016)
679 showed that a bias to alternate response hands from trial to trial systematically contributed to
680 sequential effects, due to activity dynamics within motor cortex. This motor response alternation bias
681 was superimposed onto a choice repetition bias in their study, but Pape and Siegel (2016) did not
682 compare the magnitude and time course of these two effects directly. When performing such a direct
683 comparison, we here found the contribution of previous choices to be significantly stronger, and more
684 prolonged in time. The predominance of choices over motor responses is consistent with the results
685 (focusing on the preceding decision only) from Akaishi et al (2014). Taken together, the data by
686 Akaishi et al (2014) and our present study indicate that history biases in perceptual decision-making
687 are governed by decision variables encoded in an abstract, action-independent format. Such
688 representations of the decision variable exist in associative brain regions, such as posterior parietal or
689 prefrontal cortex (Bennur and Gold, 2011; Hebart et al., 2012, 2016), which also exhibit the short-term
690 memory dynamics necessary for the persistence of biases in the decision-making machinery (Wang,
691 2002; Bonaiuto et al., 2016; Morcos and Harvey, 2016).

692 We conclude that human observers accumulate action-independent, graded decision variables
693 across trials towards biases for upcoming choices in a context-dependent manner. This process
694 enables observers to adjust their choice behavior to environmental statistics in the absence of
695 unambiguous information about choice outcome. Our findings are in line with normative theory and
696 constrain the candidate neural sources of choice history biases.

697

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800

801 **Legends**

802 **Figure 1. Quantifying choice history bias and behavioral task.**

803 **(A), (B)** Behavioral tasks. Observers judged the net direction (up vs. down) of a dynamic random dot

804 pattern of variable direction and coherence. **(A)** Experiment 1, decoupling choice and motor response.

805 After a blank fixation interval, a choice-response mapping cue was shown before (Pre) or after the

806 presentation (Post) of the motion stimulus, which also varied in duration. Observers responded after

807 dot motion offset in the Pre-condition and after mapping cue offset in the Post-condition. Auditory

808 feedback was provided after incorrect responses. **(B)** Experiment 2, manipulating stimulus repetition

809 probabilities. Left: Random dot motion and fixation cross were shown throughout the trial. A beep

810 indicated the onset of the evidence interval, which contained some level of coherent motion (0% on

811 some trials). A second beep indicated the evidence offset and start of the response interval (deadline:

812 3 s). Right: Three repetition probabilities between motion directions across trials yielded three

813 environmental conditions: Neutral (repetition probability of 0.5), Repetitive (repetition probability of 0.8)

814 and Alternating (repetition probability of 0.2). **(C)** Signed motion coherence levels (cyan) and

815 categorical choices (purple) from a sequence of 15 trials recorded in Neutral in Experiment 2. Positive

816 values of stimulus intensity correspond to upward motion and negative ones to downward motion. **(D)**

817 Psychometric functions conditioned on previous choice in Neutral exhibit history biases in three

818 example participants. See main text for details.

819

820

821

822 **Figure 2. Stronger impact of previous choice than of previous motor response on current bias.**

823 **(A)** Impact of previous choices and motor responses as a function of lag. **(B)** As (A), but for impact of

824 previous stimulus categories. Shaded areas, s.e.m.; dots, $p < 0.05$ (FDR-corrected t-test) across

825 participants.

826

827 **Figure 3. Adjustment of choice history biases to environmental statistics.**

828 **(A)** Stimulus repetition probabilities for Repetitive, Alternating and Neutral. In Repetitive, repetition of
 829 the motion direction from two trials back could occur due to a sequence of two repetitions or two
 830 alternations (probability: $0.8 \times 0.8 + 0.2 \times 0.2 = 0.68$). In Alternating, the probability of repetition of the
 831 same direction oscillated around 0.5 as a function of lags, with decreasing deviation from 0.5. **(B)**
 832 Impact of previous stimuli and choices on current choice for lag 1. Dots, single observers, arrows
 833 changes of group mean weights from Neutral (red cross) during Repetitive and Alternating,
 834 respectively. **(C)** Psychometric functions conditioned on previous choice (group average). Left:
 835 Repetitive, leftward shift from dashed to dotted line corresponding to a bias to repeat the previous
 836 choice. Right: Alternating, leftward shift from dotted to dashed line, indicating a bias to alternate the
 837 previous choice. **(D)** Correct weights as functions of lags in Repetitive and Alternating. **(E)** Adaptivity
 838 indices (correlation coefficient with the history template) computed from correct kernels from the
 839 Repetitive and Alternating conditions. Dotted line, correlation between history templates for Repetitive
 840 and Alternating. Shaded areas, s.e.m.; dots, $p < 0.05$ (FDR-corrected t-test) across participants; *, $p <$
 841 0.05 ; **** $p < 0.0001$.

842

843 **Figure 4. No differences in history weights for synthetic observers without bias adjustment.**

844 Results of two simulations of synthetic observers without bias adjustment analyzed as real observer
 845 data for Figure 3B, D. **(A)** Synthetic observers with all parameters taken from the real observers'
 846 estimates for Repetitive and Alternating, but history weights set to 0. **(B)** Synthetic observers with all
 847 parameters taken from the real observers' estimates for Neutral. Note the difference in the y-axis scale
 848 between these simulated observers and the real observer data in Figure 3. Shaded areas, s.e.m.
 849 across synthetic observers.

850

851

852 **Figure 5. Behavioral performance depends on bias adjustment and perceptual sensitivity.**

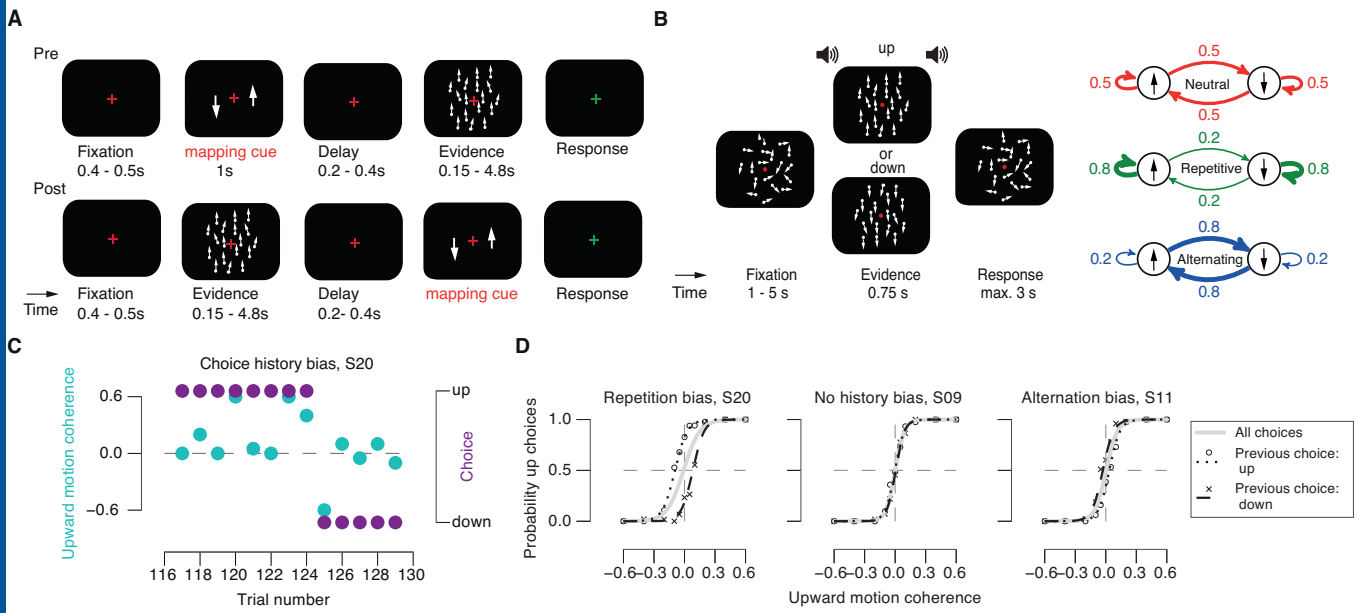
853 **(A)** Correlation between adaptivity index and proportion of correct choices. Left: Repetitive. Middle:
 854 Alternating. Right: Neutral. Insets: Correlations for the simulated observers without bias adjustment
 855 (compare Figure 4A). **(B)** Correlation between sensitivity (i.e. slope of the psychometric function) and
 856 the proportion of correct choices. Left: Repetitive. Middle: Alternating. Right: Neutral.

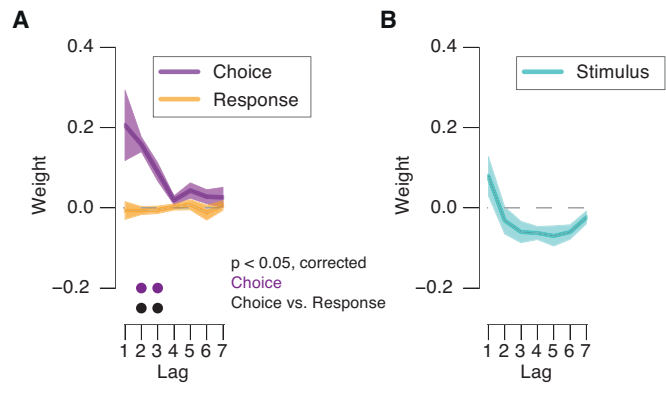
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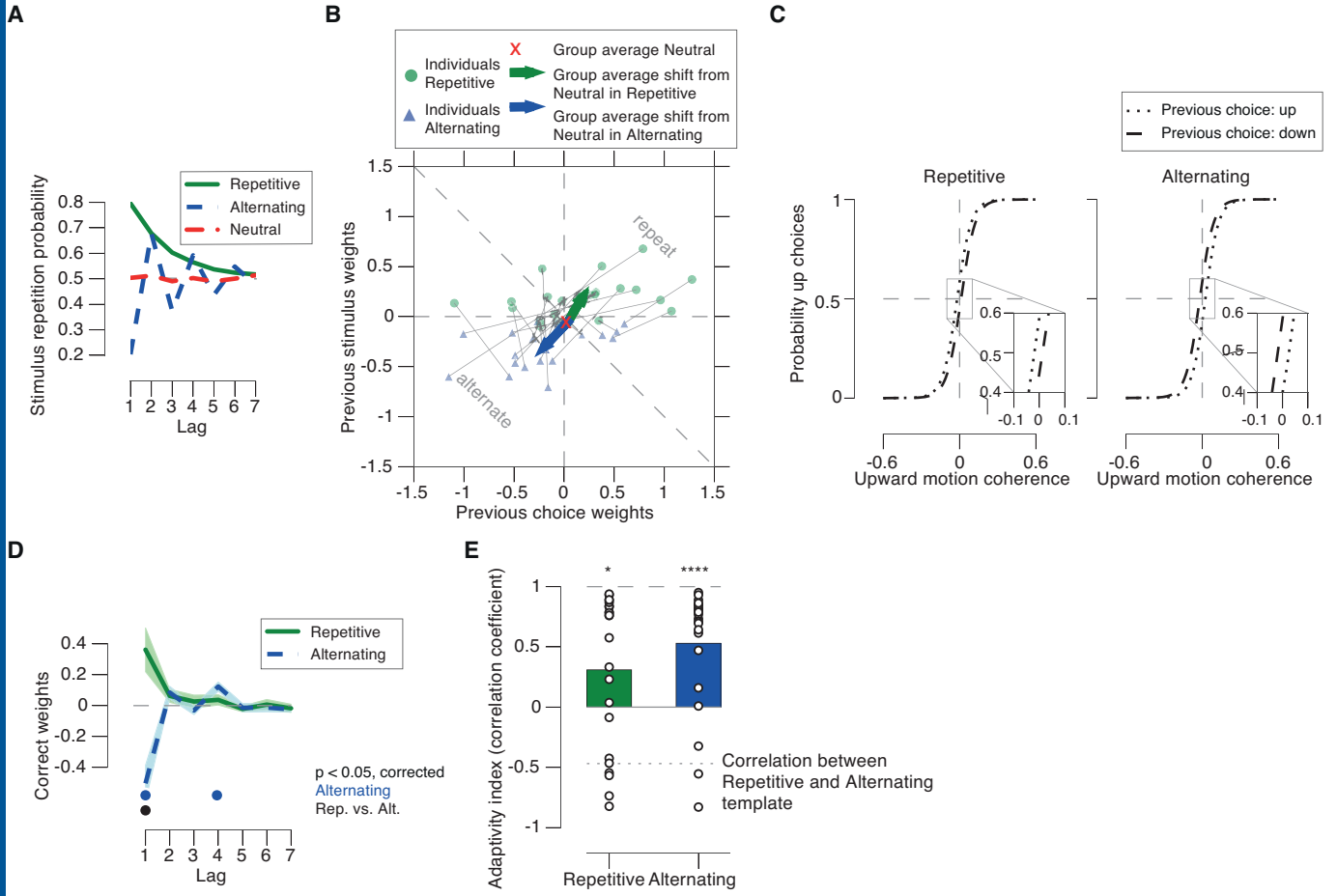
858 **Figure 6. Modulation of bias adjustment by proxies of confidence in previous choice.**

859 **(A)** Scaling of model-based confidence and uncertainty with evidence strength on correct and error
860 trials. Adapted from (Urai et al., 2017) under a CC-BY 4.0 license. **(B)** Difference between previous
861 choice weights from Repetitive and Alternating, sorted by previous choice correctness and coherence.
862 **(C)** Comparison between previous correct and incorrect weights, for Repetitive and Alternating.
863 Weights were first calculated separately for each previous coherence level and then pooled across
864 coherence. **(D)** Reaction time as function of motion coherence sorted by correctness (pooled across
865 Repetitive and Alternating). **(E)** Difference between previous $RT_{conf} \times correct$ modulation weights
866 from Repetitive and Alternating, sorted by previous coherence. See main text for details of the
867 multiplicative modulation model. **(F)** $RT_{conf} \times correct$ weights for Repetitive and Alternating.
868 Modulation weights were first calculated separately for each previous coherence level and then pooled
869 across coherence. Shaded areas, s.e.m.; dots, $p < 0.05$ (FDR-corrected t-test) across participants; *, p
870 < 0.05 ; **, $p < 0.01$; ***, $p < 0.001$, ****, $p < 0.0001$.

871

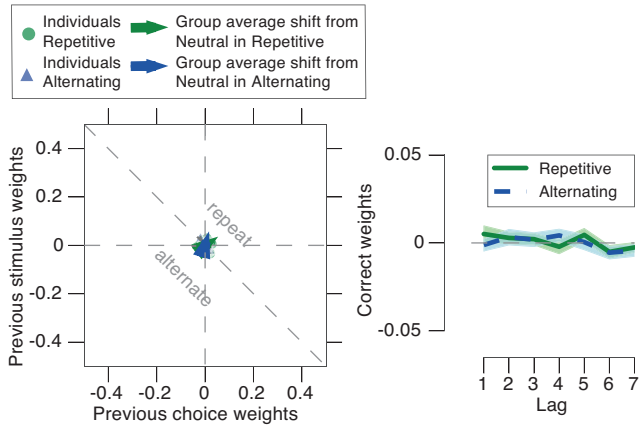






A

Simulated observers with individual parameters from biased conditions and history weights set to 0



B

Simulated observers with individual parameters from Neutral

